



# BITES

# PLATES

## BOARDS

The Classic

Aged Gouda | Goat Cheese | Duck Salami |

Coppa | Pickled Red Onions | Candied

Walnuts | Olives | Apricot Jam | Maple Mustard | Baguette

single \$24 | double \$48

The Hedonistic

Aged Farmhouse Cheddar | Blue Cheese |

Beer & Orange Salami | Elk Goteborg | Olives

| Candied Walnuts | Pickled Red Onions |

Smoked Zucchini Relish | Red Pepper Jelly |

Baguette

single \$28 | double \$56

Aged Gouda | Aged Farmhouse | Blue Cheese

| Goat Cheese | Pickled Red Onions | Olives |

Dark Chocolate | Red Pepper Jelly | Maple

Mustard | Baguette

single \$23 | double \$46

Persephone Board (VG)

Cheese Board (V)

\*Most Boards Contain Nuts\*

\*contains walnuts & sesame oil\*

| Candied Walnuts | Tahini Sesame Dressing |

Housemade Falafels & Cashew dip | \$5 Garlic Butter Seared Prawns | \$7

### House Made Gnocchi (V)

Sweet Potato Gnocchi | Sundried Tomato Pesto | Spinach | Cherry Tomatoes | Toasted Seeds | \$19.50

#### Add Ons

Goat Cheese for \$4 Garlic Butter Prawns for \$7

#### **Goat Cheese Tart**

Goat Cheese | Grilled Zucchini | Sliced Tomatoes | Fresh Spinach | Drizzled with Jalapeño Sundried Tomato & Garlic Honey

\*Can be shared with up to 4-6 people\*

House-made Tomato Sauce | Eggplant | Zucchini | Roma Tomato | Herb Oil \$15

Add on: Aged Farmhouse Cheddar for \$5

Baroness Of The

Bayou

Creole style chicken and shrimp patty,

sundried tomato pesto, spinach, fresh

tomato, goat cheese, crispy deep fried

jalapeños, topped with spiralized beets.

Drizzled in a beetroot honey aioli. Served on a Kootenay Bakery potato bun

Comes with a choice of side soup or side

winter salad.

\$24

Vegetarian & GF options available. No vegan option.

(V & GF options)

### Roasted Winter Salad(GF)

Kale | Roasted Red Cabbage & Carrots | Apples |

#### **Protein Add Ons**

Fried Halloumi | \$7.50

#### **Ratatouille** (VG, GF)

### Seasonal Hummus | Dolmadakia | Olives | Cherry Tomatoes | Cucumber | Housemade Falafels | Cashew Cilantro Dip | Candied

Walnuts | Baguette single \$21 | double \$42

### The Lost Souls

Your Choice of Two Single Boards On One Double Board

### The Party!

Tasting board, get to sample it all! Half size (2-3 ppl) - \$75 Full Size (4-6 ppl) - \$145

Extra Baguette / GF Sourdough \$4.5

### Oil N' Vin (VG)

Ask Your Server For Our Current Selection | Baguette\* |\$8 Just Oil Add On | \$4

## House Made Chips & Dip (VG)

Paprika & Garlic Corn Tortilla Chips | Vegan Cashew, Lime & Cilantro Dip \$13.5

#### Fried Fish Strips (GF)

Gluten Free cornflake crust | Herbs & Spices | House made tartar dip | White Fish | Lemon

### Seasonal Hummus (V, GF option)

Roasted Beets | Turmeric | Garlic | Baguette | Topped With Fried Capers | \$15 Add on: Goat Cheese for \$4

#### Deep Fried Halloumi (V, GF)

Served with a Jalapeño, Garlic & Sundried Tomato Honey

#### Roasted Red Pepper Soup(VG, GF)

Red Peppers | Tomatoes | Carrots | Coconut Milk | Paprika | Turmeric | Garlic | Topped With Herb Oil And Red Chilli Flakes Big Bowl \$12 Small \$6

# \*\*Cheesy Garlic Baguette(v)

Provolone Cheese | Garlic Butter | Baguette \$13

#### Shrimp Dip (GF option)

Cooked shrimps in a coconut, parmesan and creole spice dip. Served with baguette

\$14

New Item  $\rightarrow \rightarrow$  Gluten Free (GF),

Vegetarian (V), Vegan (VG)

Head Chef Courtney Craig







### SANDWICHES

\_\_ Monday - Friday 3 - 5 pm Saturday & Sunday 11-5 pm

Brie & Apple Baguette (V)

Triple Cream Brie | Apple | Canadian Maple Mustard | Baguette | \$15

**Coppa & Provolone Baguette** 

Coppa | Provolone | Red Pepper Jelly | Crispy Pickled Red Onions | Arugula | Baguette | \$18

Falafel Wrap

House made Falafels | Seasonal Hummus |
Pickled Red Onion | Cucumber | Cherry
Tomato | Spinach | \$16

Fish Finger Sandwich

House made Fish Strips | House Made Tartar Sauce | Spinach | Sourdough bread \$17

> Add Side Soup or Salad To Your Sandwich for \$6

> > BUILD YOUR OWN BOARD OR BAGUETTE

\$4 starting price

Classic Dessert Board

Plant Based Dessert | Brownie | Fresh Fruit | Mango Coulis | \$29

**Deluxe Dessert Board** 

Try all desserts | \$45

\*

WITCHING HOUR

Everyday 3-5 pm

Solo Baroness Burger

18 (V&GF options)

\$2 off All Bites



**Cauldron Crafted Picklings:** 

500 ml mason jars

Pickled Carrots - \$10 Pickled Red Onions - \$10

DESSERTS

Chocolate Ganache Cake (GF)

Buttercream Ganache | \$16

Clos du Soleil - Saturn 2018

Whispered Secret Vineyard, Keremeos, BC Sweet Dessert Wine | 100% Sauvignon Blanc 1 oz \$4 | 2 oz \$7.5 | 3 oz \$10 **Cured Meats:** 

ONS

A D D

Lamb Prosciutto - \$6.5 Duck Salami - \$5.5

Coppa - \$4.5

Elk Goteborg - \$4.5

**Cheeses:** 

Aged Gouda - \$4

Aged Farmhouse - \$5 Blue Cheese - \$6

Goat Cheese - \$4

Triple Cream Brie - \$4.5

Provolone - \$4

Diverse:

Pickled Red Onions - \$3

Candied Walnuts - \$3 Dolmadakias - \$3

Ollifadakias

Falafels - \$5

Sauces:

Smoked Zucchini Relish - \$3

Apricot Jam - \$3

Maple Mustard - \$3

Red Pepper Jelly - \$3

Vegan Carrot Cake

Rotating Brownie
Ask your server | \$14

Our mission is to buy products as local to Nelson as possible & within BC.



All of our cheeses & meats are sourced from trusted partner farms across BC.



Head Chef Courtney Craig